Ingredients\n

Artichokes\n

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Instructions\n

Clean the artichokes with cold, running water. \n

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Cut off the tops of the artichokes. Be sure to remove all the dark leaves.\n

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Use a spoon to remove the fuzzy choke from the center of the artichokes which is inedible. \n

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Blanch artichoke hearts by steaming for 4 minutes above pot of boiling water.\n

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Remove excess water from artichokes. \n

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Arrange quartered artichokes onto trays making sure to space them out as to not have them touching each other.\n

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Dry artichokes at 100 degrees Fahrenheit until brittle, approximately 18 hours.\n

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Stored dried artichokes in an airtight storage bag or container.\n

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